

Parent Lunch Survey Results – Summary Pleasant Valley Elementary, November 2006

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In collaborating with NUSD Food & Nutrition Services (FANS)

SUMMARY OF RESULTS*

Out of 54 Parents Surveyed

**21% of Pleasant Valley children represented*

54 Parents filled out surveys
358 Total # of students at PV

75* Children represented in this survey
58 Number of Kindergarteners that go home before lunch

QUESTION #1: How often does your child eat food from the school lunch program?

Always (20x/mo) = 5 parents (9%) 16-19x/mo = 2 parents (3%) 11-15x/mo = 8 parents (15%)
9 parents (16.5%) = 6-10x/mo **24 parents (44.5%) = 1-5x/mo.** Never = 4 parents (7.5%)

QUESTION #2: If never or less than 5x/month, why not (from ? (Check all that apply) **Top 5 rated:**

22 parents (41%): I prefer to prepare lunch at home
15 parents (28%): Food Choice
11 parents (20%): Food Quality
10 parents (18.5%): Not enough healthy options
9 parents (16.5%): Not enough fresh food served

QUESTION #3: Based on your conversations with your child, how does your child rate the school food served?

56 out of 75 children represented.

Like most of the time: 25 children (44.5%)
Sometimes like Sometimes doesn't: 12 children (23%)

QUESTION #4: How important is it to know what ingredients are in the school food? (Rate 5=Very Important, 1=Not Important)

Rate 5—Very Important: 32 parents (59%) **Rated 4**—Important = 13 parents (24%) → **total 72%**

QUESTION #5: List food/food items you prefer your child(ren) NOT TO EAT:

27 parents (50%): Added Sugar
14 parents (26%): Fat/Trans-fat
13 parents (24%): Fried Food

QUESTION #6: Rate the following areas of importance to you: (5-1 with 5=high, 1= low):

C. Food choice/options: **rate 5**= 29 parents (54%), **rate 4**= 13 parents (24%) → **total 78%**
B. The time that is allowed for the children to eat their lunch: **rate 5**= 23 parents (42.5%), **rate 4**= 17 parents (31.5%) → **total 74%**
A. The time it takes to pick up and purchase school food: **rate 5**= 17 parents (31.5%), **rate 4**= 17 parents (31.5%) → **total 63%**
D. Availability of menu items (do they run out...?): **rate 5**= 22 parents (41%), **rate 4**= 24 parents (13%) → **total 54%**

QUESTION #7: Forty-four (44) comments (81.5%).

THE QUESTION: What factors are needed for you to CONSIDER PURCHASING school lunches more often?

18 parents (33%) that more **choices/selection/options** are needed to consider purchasing school lunches more often.
13 parents (24%) that they would like to see **healthy/healthier choices** to consider purchasing lunches more often.
13 parents (24%) that **their child needs to like/will eat the school lunch** to consider purchasing lunches more often.

QUESTION #8: Forty-one (41) comments (76%).

THE QUESTION: What factors are needed for you to consider PAYING MORE for school food?

14 parents (26%) they would like to see **more choices/selection/options** to consider paying more for school lunches.
9 parents (17.5%) they would like to see **better quality food being served** to consider paying more for school lunches.
9 parents (17.5%) they would like to see **more organic food** to consider paying more for school lunches.

QUESTION #9: Twenty-four (24) comments (44.5%)

THE QUESTION: Do you have other comments regarding the school lunch program and lunch time?

6 parents (11%*) commented that there is **not enough time to pick up and/or eat** their lunch.